

60m

30-34						
35-39	David O'Sullivan	39	8.44	1.4	23-Feb-19	Otago Championships
40-44	Zeddrick Osten	43	8.40	1.4	23-Feb-19	Otago Championships
45-49	Tony Tan	49	8.02	+0.7	7-Nov-15	Caledonian Meeting
50-54	Tony Tan	53	7.84	0.8	1-Mar-20	NZ Championship, Hastings
55-59	Tony Tan	55	7.82	+1.7	14-Feb-21	Otago Championships
60-64	Bill Murphy	63	8.72	+1.4	19-Dec-15	Caledonian Meeting
65-69	Vincent Paddam	68	8.69	+1.5	22-Jan-18	Oceania Master Champs, Dunedin
70-74	Vincent Paddam	71	9.01	1.7	14-Feb-21	Otago T&F Championships
75-79	Barry Baxter	76	9.23	0.5	19-Jan-18	Caledonian Meeting
80-84						
85-90						

100m

30-34	Standard 11.76					
35-39	NZMA Standard 12.0					
40-44	William Murphy	44	12.2	+1.3	March 1997	NZ Championships
	Keith Hutton	40	12.2	-0.68	March 1990	NZ Championships
45-49	Tony Tan	49	12.64	+1.2	7-Nov-15	Caledonian Meeting
50-54	Tony Tan	53	12.34	-0.9	2-Nov-19	Caledonian Meeting
55-59	Tony Tan	55	12.49	1.7	20-Feb-21	Caledonian Meeting
60-64	Keith Rozecki-Pollard	62	13.6	-0.6	2-Nov-08	SI Masters Champs, Mosgiel
	Keith Hutton	60	13.6	0.0	5-Dec-09	SI Masters Champs, Mosgiel
65-69	Keith Rozecki-Pollard	66	14.03	+1.0	1-Dec-12	SI Masters Champs, Nelson
70-74	Ian Sim	70	14.47	1.8	22-Jan-18	Oceania Masters Champs, Dunedin
75-79	Barry Baxter	76	14.97	0.7	26-Jan-19	Caledonian Meeting
80-84	NZMA Standard 19.0					
85-90	NZMA Standard 22.0					

200m

30-34	Standard 24.01					
35-39	NZMA Standard 24.5					
40-44	NZMA Standard 25.0					
45-49	NZMA Standard 26.0					
50-54	Tony Tan	53	25.35	1.8	2-Nov-19	Caledonian Meeting
55-59	Tony Tan	55	25.89	-1.3	20-Feb-21	Caledonian Meeting
60-64	Keith Hutton	60	27.58	+2.0	4-Apr-10	NZ Championships - Chch
65-69	Keith Hutton	66	29.55	-1.7	28-Feb-16	NZMA Champs, Dunedin
70-74	Vincent Paddam	71	30.75	1.5	14-Feb-21	Otago T&F Championships
75-79	Barry Baxter	78	31.05	0.6	15-Nov-20	South Island Masters T&F Champs
80-84	NZMA Standard 41.0					
85-90	NZMA Standard 46.0					

400m

30-34	Jarrod Adams	31	52.90		March 2008	Snr National Track & Field
35-39	NZMA Standard 54.0					
40-44	Keith Hutton	40	54.2		March 1990	NZ Championships
45-49	Bill Murphy	45	55.38		January 1998	Oceania, Hastings
50-54	Mike Weddell	50	56.73		4-Aug-99	World Championships

55-59	Tony Tan	55	58.65	26-Feb-21	NZ Masters T&F Champs - Inglewood
60-64	Mike Weddell	63	61.57	10-Feb-12	Oceania Champs - Tauranga
65-69	Phil Napper	65	64.76	9-Feb-19	Caledonian Meeting
70-74	Andy Anderson	70	74.0	9-Feb-02	Masters Games, Dunedin
75-79	Bill Kenny	75	81.21	27-Aug-11	Nthn Ireland Masters Champs
80-84	NZMA Standard 98.0				
85-90	NZMA Standard 110.0				

		<u>Age</u>	<u>Time</u>	<u>WR</u>	<u>Date</u>	<u>Meeting</u>
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800m

30-34	Jimmy George	34	2.36.26		3-Mar-19	NZ Masters Champs - Timaru
35-39	Conor Delahunty	36	2.06.44		6-Mar-05	NZ Masters Champs - Dn
40-44	C Bolter	42	2.02.3		1989	Otago Championships
45-49	Mike Weddell	49	2.06.76		13-Feb-99	Otago Championships
50-54	Mike Weddell	50	2.07.5		26-Feb-00	Caledonian Meeting
55-59	Mike Weddell	55	2.13.63		26-Feb-05	Caledonian Meeting
60-64	Allan Davis	60	2.23.60		10-Feb-01	Otago Championships
65-69	Bill Kenny	67	2.42.45		31-May-03	Pitreavie Scottish Champs
70-74	Bill Kenny	71	2.55.50		4-Aug-07	USATF Champs - Maine
75-79	Allan Davis	75	3.02.41		5-Dec-15	Caledonian Meeting
80-84	Mel Munro	80	4.21.83		16-Jan-06	Oceania - Christchurch
85-90	NZMA Standard 5.30					

1500m

30-34	Nathan Shanks	30	4.22.85		16-Feb-20	Otago Championships
35-39	NZMA Standard 4.00					
40-44	Neil Hickey	40	4.11.1		March 1991	Otago Championships
45-49	Geoff Anderson	47	4.16.69		7-Mar-04	Caledonian Meeting
50-54	Allan Davis	60	4.21.7		February 1991	Otago Championships
55-59	Peter Fitzgerald	56	4.31.71		11-Feb-17	Caledonian Meeting
60-64	Allan Davis	60	4.52.50		11-Feb-01	Otago Championships
65-69	Phil Napper	65	5.10.11		8-Dec-18	Caledonian Meeting
70-74	Bill Kenny	70	6.10.63		6-Nov-06	Gold Coast Champs Aust.
75-79	Allan Davis	75	6.17.46		27-Feb-16	NZMA Champs, Dunedin
80-84	NZMA Standard 9.00					
85-90	NZMA Standard 10.30					

3000m

30-34	Nathan Shanks	30	9.35.31		15-Feb-20	Otago Championships
35-39	Conor Delahunty	37	9.16.37		5-Feb-06	Masters Games - Dn
40-44	Glen Ferguson	43	9.04.22		17-Nov-07	Cale Meeting
45-49	Glen Ferguson	45	9.05.83		7-Feb-09	QEII Park, Christchurch
50-54	Glen Ferguson	51	9.24.47		14-Feb-15	Otago Championships
55-59	Peter Fitzgerald	56	9.52.51		25-Nov-17	Caledonian Meeting
60-64	Geoff Anderson	60	10.25.97		25-Feb-17	Otago Championships
65-69	Phil Napper	66	11.50.94		16-Feb-20	Otago Championships
70-74	Bill Kenny	70	13.20.49		28-Oct-06	Caledonian Meeting
75-79	Allan Davis	75	13.46.70		21-Nov-15	Caledonian Meeting
80-84						

5000m

30-34	Nathan Shanks	31	16.39.58	28-Nov-20	Caledonian Meeting
35-39	Neil Hickey	38	15.37.1	March 1990	NZ Championships
40-44	Glen Ferguson	44	15.30.73	9-Feb-08	Caledonian Meeting
45-49	Glen Ferguson	45	15.42.0	14-Feb-09	Caledonian Meeting
50-54	Allan Davis	51	16.07	March 1991	NZ Championships
55-59	Malcolm Hammond	57	17.02.79	3-Feb-07	Otago Championships
60-64	Geoff Anderson	60	17.52.82	23-Apr-17	World Masters Games, Auckland
65-69	Phil Napper	65	19.50.61	17-Jan-19	Caledonian Meeting
70-74	Bill Kenny	70	23.15.30	3-Feb-07	Otago Championships
75-79	Allan Davis	75	23.41.51	30-Jan-16	Caledonian Meeting
80-84	NZMA Standard 31.00				
85-90	NZMA Standard 35.00				

10000m

35-39	Neil Hickey	39	32.00.5	March 1990	NZ Championships
40-44	C Bolter	42	32.29	1989	Otago Championships
45-49	Glen Ferguson	45	33.29.77	7-Nov-09	Caledonian Meeting
50-54	Joe Cowie		34.08	1989	Otago Championships
55-59	Allan Davis	55	36.21.1	March 1995	NZ Championships
60-64	Allan Davis	60	39.40.64	16-Dec-00	Otago Championships
65-69	Phil Napper	67	42.12.78	4-Feb-21	Otago 10000 Championships
70-74	NZMA Standard 53.00				
75-79	Jim Flynn	75	59.35.43	7-Nov-09	Caledonian Meeting
80-84	NZMA Standard 65.00				
85-90	NZMA Standard 75.00				

	<u>Age</u>	<u>Time</u>	<u>WR</u>	<u>Date</u>	<u>Meeting</u>
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3000m Steeplechase

35-39	NZMA Standard 10.00				
40-44	Bill Kenny	40	10.01	19-Feb-77	Otago Championships
45-49	Bill Kenny	45	10.35.8	March 1982	NZ Championships
50-54	Bill Kenny	52	10.56.7	1989	Otago Championships
55-59	Bill Kenny	55	11.25.0	March 1992	NZ Championships

2000m Steeplechase

60-64	Gene Sanderson	60	8.21.07	11-Jan-14	Oceania Champs - Bendigo
65-69	Bill Kenny	66	8.30.94	27-Sep-02	Gold Coast Champs Aust.
70-74	Bill Kenny	70	9.31.56	5-Nov-06	Gold Coast Champs Aust.
75-79	Bill Kenny	75	10.57.47	3-Dec-11	SI Champs - Timaru
80-84	NZMA Standard 16.00				
85-90	NZMA Standard 20.00				

80m Hurdles

60-64	NZMA Standard 16.5				
65-69	NZMA Standard 17.5				
70-74	NZMA Standard 19.5				
75-79	NZMA Standard 22.0				
80-84	NZMA Standard 25.0				
85-90	NZMA Standard 30.0				

100m Hurdles

35-39	NZMA Standard	17.5				
40-44	NZMA Standard	18.0				
45-49	NZMA Standard	19.0				
50-54	NZMA Standard	20.0				
55-59	Geoff Capon	57	20.86	-3.2	10-Feb-02	Masters Games, Dunedin

300m Hurdles

60-64	Keith Hutton	60	52.08		4-Apr-10	NZ Championships - Chch
65-69	Keith Hutton	66	55.50		28-Feb-16	NZMA Champs, Dunedin
70-74	NZMA Standard		1.10.0			
75-79	NZMA Standard		1.20.0			
80-84	NZMA Standard		1.30.0			
85-90	NZMA Standard		1.50.0			

400m Hurdles

35-39	NZMA Standard		65.0			
40-44	Keith Hutton	42	62.9		March 1992	NZ Championships
45-49	NZMA Standard		69.0			
50-54	NZMA Standard		72.0			
55-59	NZMA Standard		75.0			

3km Track Walk

35-39	NZMA Standard		15.30.0			
40-44	R Green	42	14.43.1		March 1995	NZ Championships
45-49	David Jackson	49	16.18.2		March 1990	NZ Championships
50-54	NZMA Standard		17.00.0			
55-59	NZMA Standard		18.00.0			
60-64	NZMA Standard		19.00.0			
65-69	Danny Knudson	69	19.58.7		5-Dec-09	SI Masters Champs - Mosgiel
70-74	Danny Knudson	70	19.34.65		4-Dec-10	SI Masters Champs - Inggil
75-79	NZMA Standard		24.00.0			
80-84	NZMA Standard		26.00.0			
85-90	NZMA Standard		30.00.0			

	<u>Age</u>	<u>Time</u>	<u>WR</u>	<u>Date</u>	<u>Meeting</u>
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Long Jump

35-39	NZMA Standard		5.80m			
40-44	NZMA Standard		5.40m			
45-49	NZMA Standard		5.10m			
50-54	Paul Davies	52	4.80m	+1.9	15-Feb-15	Otago Championships
55-59	NZMA Standard		4.40m			
60-64	Ian Sim	61	4.41m	+1.0	29-Nov-08	SI Masters Champs - Mosgiel
65-69	Ian Sim	66	4.31m	-1.6	22-Mar-14	Caledonian Meeting
70-74	Ian Sim	70	4.10m	1.8	23-Jan-18	Oceania Masters Champs, Dunedin
75-79	NZMA Standard		3.00m			
80-84	NZMA Standard		2.65m			
85-90	NZMA Standard		2.00m			

Triple Jump

35-39	NZMA Standard 11.50m					
40-44	NZMA Standard 11.00m					
45-49	NZMA Standard 10.40m					
50-54	Ian Sim	50	10.25m	28-Nov-98	SI Champs, Invercargill	
55-59	Ian Sim	57	9.06m	+ 0.9	4-Dec-04	SI Champs - Christchurch
60-64	Ian Sim	61	9.60m	-1.6	28-Nov-08	SI Champs - Mosgiel
65-69	Ian Sim	66	9.32m	+1.6	9-Mar-14	Caledonian Meeting
70-74	Ian Sim	70	9.07m	1.4	25-Jan-18	Oceania Masters Champs, Dunedin
75-79	NZMA Standard 6.10m					
80-84	NZMA Standard 5.50m					
85-90	NZMA Standard 4.75m					

High Jump

35-39	NZMA Standard 1.62m				
40-44	NZMA Standard 1.56m				
45-49	NZMA Standard 1.50m				
50-54	Ian Craven	53	1.47m	20-Feb-11	Otago Champs
55-59	Ian Craven	55	1.47m	21.1.12	Decathlon - Timaru
60-64	Bill Owen	60	1.35m	February 2000	Masters Games, Dunedin
65-69	Bill Owen	69	1.27m	29-Nov-08	SI Masters Champs - Mosgiel
70-74	NZMA Standard 1.10m				
75-79	NZMA Standard 1.00m				
80-84	NZMA Standard 0.85m				
85-90	Jim Blair	89	1.00m	7-Feb-21	NZ Masters Games - Whanganui

Pole Vault

35-39	Paul Gibbons	35	4.15m	17-Feb-07	Otago Championships
40-44	NZMA Standard 2.75m				
45-49	Michael Ball	46	3.10m	10-Feb-07	Caledonian Meeting
50-54	Paul Davies	52	2.90m	14-Feb-15	Otago Championships
55-59	Paul Davies	58	2.90m	27-Feb-21	Caledonian Meeting
60-64	NZMA Standard 1.90m				
65-69	NZMA Standard 1.75m				
70-74	NZMA Standard 1.60m				
75-79	NZMA Standard 1.45m				
80-84	NZMA Standard 1.25m				
85-90	NZMA Standard 1.00m				

	<u>Age</u>	<u>Time</u>	<u>WR</u>	<u>Date</u>	<u>Meeting</u>
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Shot Put

30-34	Michael Scholten	34	12.37m	1-Dec-12	SI Champs - Nelson
35-39	Micahel Scholten	35	12.17m	23-Feb-13	Otago Championships
40-44	Stuart Chirnside	40	10.30m	10-Feb-01	Otago Championships
45-49	Simon Maole	45	12.95m	22-Jan-18	Oceania Championships, Dunedin
50-54	Graeme Lawless	52	13.56m	March 1983	NZ Championships
55-59	Graeme Lawless	55	12.27m	Nov 1985	SI Masters Champs
60-64	Graeme Lawless	61	12.73m	March 1992	NZ Championships
65-69	Graeme Lawless	65	11.36m	December 1995	SI Championships
70-74	Graeme Lawless	70	11.86m	25-Nov-00	SI Championships
75-79	Graeme Lawless	75	10.19m	16-Jan-06	Oceania - Christchurch
80-84	Graeme Lawless	81	8.62m	3-Dec-11	SI Champs - Timaru

85-90 Jim Blair 89 7.18 26.02.21 NZ Masters T&F Championship

Discus

30-34	Michael Scholten	33	32.62m	3-Dec-11	SI Champs - Timaru
35-39	Stuart Chirnside	37	38.16m	January 1998	Oceania
40-44	Luke Calder	44	33.35m	28-Jan-12	Caledonian Meeting
45-49	Simon Maole	45	36.10m	20-Jan-18	Oceania Championships, Dunedin
50-54	Graeme Lawless	53	44.52m	March 1984	NZ Championships
55-59	Graeme Lawless	55	42.46m	Nov 1985	SI Masters Champs
60-64	Graeme Lawless	61	45.60m	March 1992	NZ Championships
65-69	Graeme Lawless	67	38.18m	March 1998	NZ Championships
70-74	Graeme Lawless	72	35.70m	30-Nov-02	SI Masters Champs
75-79	Graeme Lawless	75	32.31m	19-Jan-06	Oceania - Christchurch
80-84	Graeme Lawless	81	22.44m	3-Dec-11	SI Champs - Timaru

85-90 Jim Blair 89 19.33m 6-Feb-21 NZ Masters Games - Whanganui

Javelin

30-34	Rory McSweeney	31	54.99m	9-Sep-16	Rio Paralympics
35-39	Michael Scholten	35	49.62m	16-Feb-13	Otago Championships
40-44	Keith Hutton	41	44.40m	Nov 1990	Oceania - Auckland
45-49	Ross Stewart	45	44.42m	Nov 1990	SI Championships
50-54	Ross Stewart	50	42.38m	18-Feb-95	Otago Championships
55-59	Keith Hutton	57	42.13m	18-Feb-07	Otago Championships
60-64	Graeme Lawless	61	40.32m	March 1992	NZ Championships
65-69	Keith Hutton	66	36.18m	22-Nov-15	SI Championships - Timaru
70-74	Bill Owen	70	28.66m	4-Apr-10	NZ Championships - Chch

75-79 NZMA Standard 22.00m

80-84 NZMA Standard 19.00m

85-90 Jim Blair 89 21.61 7-Nov-20 Caledonian Meeting

Hammer

30-34	Michael Scholten	34	40.12m	10-Nov-12	Caledonian Meeting
35-39	Michael Scholten	38	46.40m	17-Dec-16	Caledonian Meeting
40-44	Trevor Bent	42	42.04m	17-Feb-73	Otago Championships
45-49	Trevor Bent	47	36.46m	March 1978	NZ Championships
50-54	Trevor Bent	54	39.44m	17-Feb-85	Otago Championships
55-59	Trevor Bent	55	36.94m	6-Feb-86	Otago Championships
60-64	Graeme Lawless	61	40.32m	March 1992	NZ Championships
65-69	Trevor Bent	66	37.92m	8-Feb-97	Otago Championships
70-74	Trevor Bent	70	38.56m	25-Nov-00	SI Championships
75-79	Graeme Lawless	75	28.06m	26-Nov-05	SI Masters Champs - Inggli
80-84	Graeme Lawless	81	26.10m	3-Dec-11	SI Champs - Timaru

85-90 Jim Blair 89 18.96 21-Nov-20 Caledonian Meeting

	<u>Age</u>	<u>Time</u>	<u>WR</u>	<u>Date</u>	<u>Meeting</u>
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Weight Throw

30-34	Michael Scholten	34	11.55m	April 2012	Australian Masters Champs
35-39	Michael Scholten	38	13.82m	26-Oct-16	WMA Championships, Perth
40-44	Simon Maole	42	9.09m	30-Nov-14	SI Masters Champs
45-49	Stephen Rusbatch	46	9.98m	27-Oct-12	Caledonian Meeting

50-54	Keith Hutton	54	11.72m		7-Mar-03	NZ Masters Champs
55-59	Keith Hutton	55	12.50m		22-Oct-05	Cale Meeting
60-64	Graeme Lawless	62	15.09m		7-Nov-92	SI Masters Champs
65-69	Graeme Lawless	65	13.98m		9-Dec-95	SI Masters Champs
70-74	Graeme Lawless	70	15.56m		2000	SI Champs
75-79	Graeme Lawless	75	12.15m		19-Jan-06	Oceania - Christchurch
80-84	Graeme Lawless	81	10.93m		2-Dec-11	SI Champs - Timaru
85-90	Jim Blair	89	8.84m		14-Feb-21	Canterbury Masters Throws Pentathlon

Throws Pentathlon

30-34	Michael Scholten	34	2332 pts	2010	April 2012	Australian Masters Champs
35-39	Michael Scholten	38	2882 pts	2010	6-Nov-16	WMA Championships, Perth
40-44	Simon Maole	42	2082 pts	2010	30-Nov-14	SI Championships - Dunedin
45-49	Stephen Rusbatch	45	2414 pts	2010	28-Jan-12	Otago Championships
50-54	Keith Hutton	52	2701 pts	2010	1-Dec-03	SI Masters Champs
55-59	Keith Hutton	55	3064 pts	2010	7-Mar-05	NZ Masters Champs - Dn
60-64	Keith Hutton	60	3285 pts	2010	5-Apr-10	NZ Championships - Chch
65-69	Keith Hutton	65	3161 pts	2010	7-Feb-15	Otago Championships
70-74	Graeme Lawless	73	3204 pts	2010	1-Dec-02	SI Masters Champs
75-79	Graeme Lawless	75	3184 pts	2010	17-Jan-06	Oceania - Christchurch
80-84						
85-90	Jim Blair	89	2663pts		12-Dec-20	Masters Throw Pentathlon

Archived

50-54	Keith Hutton	52	2734 pts	2002	1-Dec-03	SI Masters Champs
55-59	Keith Hutton	55	3150 pts	2002	7-Mar-05	NZ Masters Champs - Dn
70-74	Graeme Lawless	73	3446 pts	2002	1-Dec-02	SI Masters Champs
75-79	Graeme Lawless	75	3572 pts	2002	17-Jan-06	Oceania - Christchurch

(The above records have been recalculated using the revised 2010 points system)

Pentathlon

30-34						
35-39						
40-44						
45-49						
50-54						
55-59						
60-64	Gene Sanderson	61	1544 pts	2010	29-Nov-14	SI Championships - Dunedin
65-69						
70-74						
75-79						
80-84						
85-90						

Decathlon

30-34						
35-39						
40-44						
45-49						
50-54	Paul Davies	53	4682 pts	2010	20-Feb-16	NZ Combined Champs, Wanganui
55-59	Ian Craven	55	4572 pts	2010	18-Nov-12	Otago Multi Champs

60-64
65-69
70-74
75-79
80-84
85-90